

DG DERMA's Fellowship in Cosmetic Gynecology

The Fellowship in Cosmetic Gynecology is a specialized training program designed for medical professionals who wish to expand their practice into the growing field of aesthetic and functional gynecology. This course blends advanced medical science with minimally invasive cosmetic procedures focused on female wellness and intimate care. Participants learn about vaginal rejuvenation, PRP therapy, laser treatments, labiaplasty (overview), genital skin lightening, and non-surgical tightening techniques. The program also includes modules on anatomy, ethics, patient counseling, and practice management. With hands-on training, case-based learning, and expert mentorship, this fellowship prepares you to confidently and ethically address both cosmetic and clinical concerns related to female intimate health — improving patient quality of life and broadening your medical expertise.

FEMALE GENITAL ANATOMY & SEXUAL HEALTH BASICS

Module 1

- Detailed anatomy of vulva, vagina, pelvic floor
- Physiology of female sexual response
- Common cosmetic and functional concerns
- Patient selection, consultation, and
contraindications

This module lays the anatomical and physiological foundation necessary for performing cosmetic gynecological procedures. Students gain detailed knowledge of vulvovaginal structures, pelvic floor muscles, sexual function, and common aesthetic or functional concerns women face. The module also covers patient profiling and contraindications. It ensures medical accuracy and safe application of all future procedures.



VAGINAL REJUVENATION TECHNIQUES

Module 2

- Principles of collagen remodeling
- CO₂ laser, RF, and HIFU procedures
- Indications, treatment protocols, and outcomes
- Post-procedure care and safety considerations



This module focuses on non-surgical vaginal tightening procedures using devices such as CO₂ lasers, radiofrequency, and HIFU (High-Intensity Focused Ultrasound). Learners explore collagen remodeling, tissue repair mechanisms, and session protocols. It emphasizes indications, safety guidelines, and patient outcomes in improving elasticity, hydration, and sensation for enhanced intimate wellness.



PRP & INJECTABLE THERAPIES IN GYNECOLOGY

Module 3

- PRP preparation and application (O-Shot, vulvar rejuvenation)
- Fillers and botulinum toxin for intimate areas
- Consent, safety, and patient communication
- Managing expectations and follow-ups



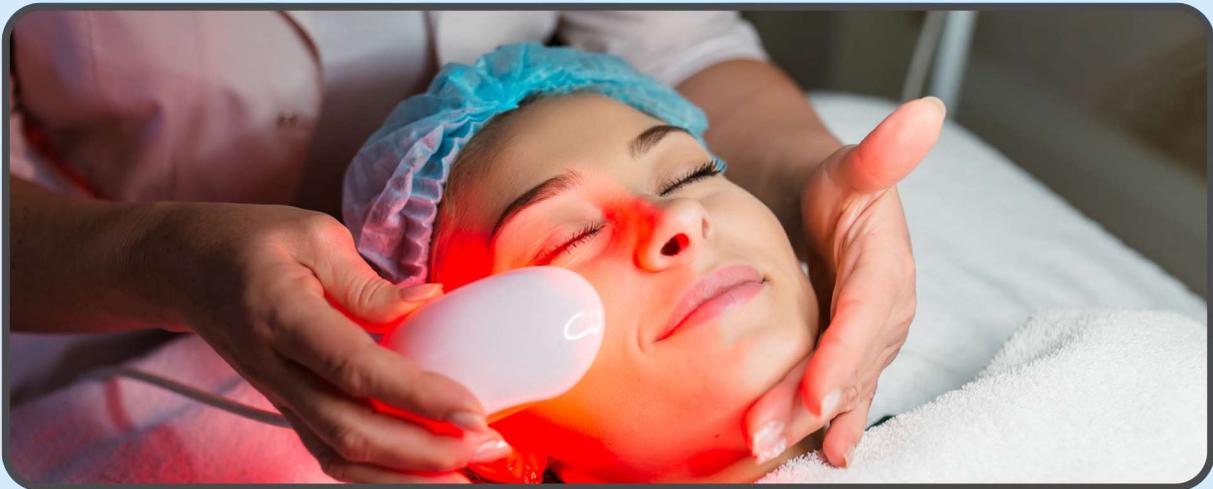
Students are trained in Platelet-Rich Plasma (PRP) applications including O-Shot and vulvar rejuvenation. This module covers PRP preparation, injection techniques, and patient selection criteria. It also introduces fillers and botulinum toxin use in intimate areas. Emphasis is placed on regenerative medicine approaches, consent, and managing expectations for natural enhancement.



COSMETIC GENITAL PROCEDURES & SKIN TREATMENTS

Module 4

- Labia contouring and puffing
- Laser hair reduction and pigmentation therapy
- Scar revision and genital skin lightening
- Aesthetic principles and patient comfort





This hands-on module introduces learners to genital aesthetic procedures such as labia contouring, labial puffing, and skin lightening treatments. It includes basic techniques, laser-based hair reduction, pigmentation therapy, and scar revision. Students are taught the importance of patient comfort, ethics, and visual symmetry in cosmetic outcomes.

ETHICAL PRACTICE, SAFETY & CLINICAL DOCUMENTATION

Module 5

- Hygiene, sterilization, and infection control
- Ethical and legal considerations in intimate care
- Confidentiality and respectful communication
- Informed consent and clinical documentation



Focusing on safety protocols and professional integrity, this module trains learners in infection control, informed consent, emergency protocols, and confidentiality in intimate care. It emphasizes building trust through respectful communication, ethical boundaries, and precise record-keeping — vital for both clinical safety and medico-legal protection.



PRACTICAL TRAINING & CASE-BASED ASSESSMENT

Module 6

- Supervised procedures and hands-on sessions
- Case studies and real patient scenarios
- Portfolio development and feedback sessions
- Final assessment and certification readiness



In the final module, learners perform supervised procedures, engage in clinical simulations, and document real-case treatments. Portfolio development, video assessments, and expert feedback sessions are included. This module ensures learners graduate with confidence, ethical grounding, and competence in both procedure and patient handling.





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