



# DG DERMA's AESTHETIC COSMETOLOGY SYLLABUS

Facial Aesthetics refers to a range of non-surgical cosmetic treatments designed to enhance the appearance, symmetry, and youthful quality of the face. These procedures target common concerns such as fine lines, wrinkles, volume loss, pigmentation, and uneven skin tone. Techniques may include advanced facials, chemical peels, Botox, dermal fillers, skin tightening, and contouring methods. The goal is to restore natural beauty without invasive surgery, using safe, medically approved protocols.

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# FOUNDATIONS OF AESTHETIC COSMETOLOGY

## Module 1

- **Skin Anatomy**
- **Common Skin Concerns & Roots causes**
- **structure of epidermis, dermis, and hypodermis**
- **Acne Pigmentation and Aging.**

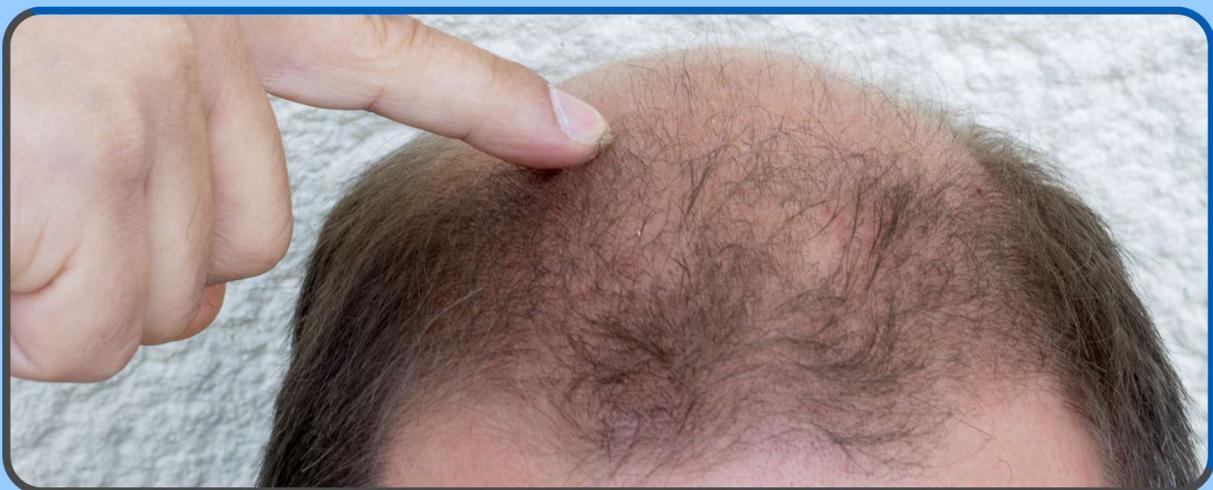
This introductory module covers skin anatomy, types, and functions. Students learn about common skin concerns and their root causes. Key topics include the structure of the epidermis, dermis, and hypodermis, understanding skin types (dry, oily, combination, sensitive), and identifying concerns like acne, pigmentation, and aging.



# SKIN ANALYSIS & CONSULTATION SKILLS

## Module 2

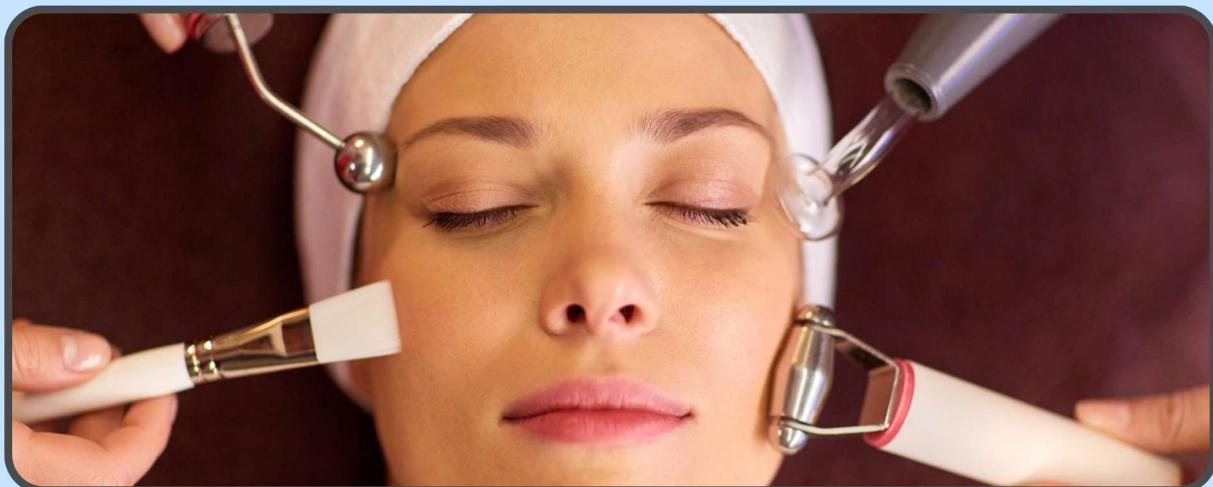
Students are trained to conduct professional skin assessments and consultations. This includes using skin diagnostic tools, understanding Fitzpatrick skin typing, and creating customized treatment plans. Communication skills and client record-keeping are emphasized.



# FACIAL TREATMENTS & TECHNIQUES

## Module 3

A comprehensive module on basic to advanced facial procedures. Students learn about cleansing, exfoliation, steaming, extraction, massage techniques, and mask applications. Advanced protocols include anti-aging facials, brightening treatments, and acne therapy.



# CHEMICAL PEELS & EXFOLIATION SCIENCE

## Module 4

Detailed training on chemical exfoliation using AHAs, BHAs, and other agents. Topics include peel selection, application protocols, contraindications, and post-treatment care. Students practice on real models under supervision.



# AESTHETIC DEVICES & TECHNOLOGY

## Module 5

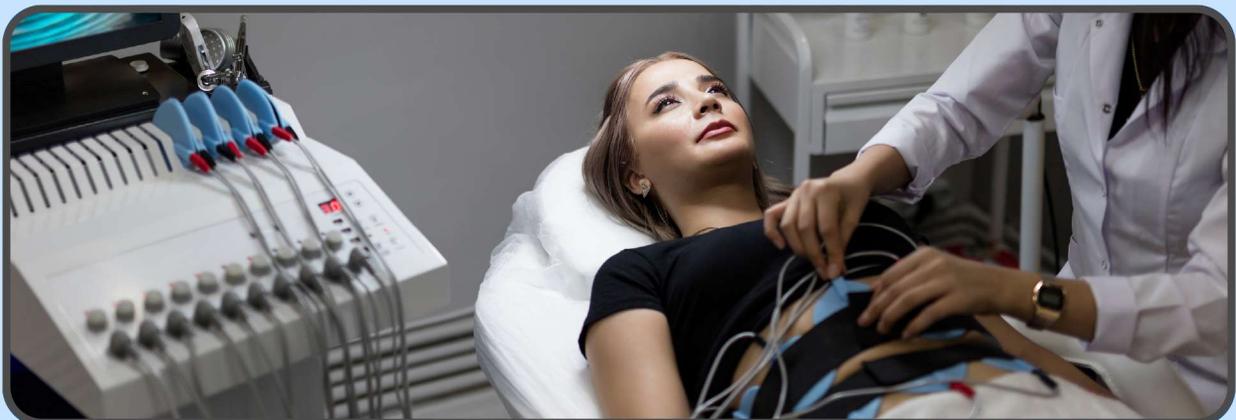
This module introduces students to commonly used devices in clinical cosmetology, such as LED therapy, high-frequency machines, galvanic current, ultrasound, and microdermabrasion machines. Usage, safety, and maintenance are discussed in depth.



# BODY AESTHETICS & SLIMMING THERAPIES

## Module 6

Body Aesthetics & Slimming Therapies focus on non-invasive techniques to contour, tone, and rejuvenate the body. These include treatments like cryolipolysis (fat freezing), radiofrequency, ultrasonic cavitation, and lymphatic drainage massage. Designed to reduce fat, tighten skin, and improve body symmetry, these therapies are safe, effective, and ideal for individuals seeking visible results without surgery or downtime.



# HYGIENE, SAFETY & ETHICS IN PRACTICE

## Module 7

Maintaining hygiene, ensuring client safety, and practicing with strong ethics are the foundation of professional cosmetology. From sterilizing tools to using disposable kits and wearing protective gear, every step must prioritize client well-being. Practitioners must also respect confidentiality, provide honest consultations, and follow legal standards. Ethical and hygienic practices not only protect clients but also build lasting trust and credibility in your aesthetic career.





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